

MEDIA INFORMATION FOR IMMEDIATE RELEASE

TZU CHI HUMANISTIC YOUTH CENTRE

2nd ANNIVERSARY OPEN HOUSE

SINGAPORE, 29 NOVEMBER 2021: As part of Tzu Chi Humanistic Youth Centre (HYC) second anniversary celebrations, a joyous one month of activities have been planned for the upcoming festive period. Running from 30 November 2021 to 29 December 2021, these activities will be conducted both online and offline, and will include various youth-oriented exhibitions, workshops and promotions.

In light of the current pandemic, there will be an exciting exhibition available for viewing online through the <u>virtual HYC</u>. The exhibition is titled "Stay Home Quilt: Story Exhibition", and it will be sharing resonating stories of both foreigners and locals during these unusual pandemic times.

Another key highlight would be "The Merlion Story" exhibition by world-renowned sculptor and painter <u>Drago Marin Cherina</u>. This is an educational exhibition which will be held physically at the HYC. It aims to raise awareness of the real, clear and lasting danger to the very existence of mankind. It will also deal with the COVID-19 pandemic oriented through the art of awareness and educational documents of a purely historic nature.

Other than the exhibitions, there will be other in-person workshops held at the HYC including an upcycling workshop, kettle bell training and yoga/pilates classes. Promotions will also be offered by outlets at HYC such as Real Food, Slow Bakes and Jing Si Books and Café during this month of celebration. For the full list and details on the exhibitions, workshops and promotions, please refer to <u>Annex A</u>. Alternatively, more information can also be found at our event's <u>Facebook page</u>.



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For more information, please contact the following media officers:

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ABOUT TZU CHI HUMANISTIC YOUTH CENTRE

The Tzu Chi Humanistic Youth Centre (HYC) is a non-profit start-up by Tzu Chi Foundation (Singapore) that serves as a platform for youths to learn positive values, meet new people and be inspired. HYC advocates gratitude, respect, responsibility, courage and resilience" through a Five-Pillar Approach, which encompasses Arts & Culture, Eco

Awareness, Volunteerism, Young Parenting and Youth Wellness.

Address:

30A Yishun Central 1, Singapore 768796

ABOUT TZU CHI SINGAPORE

The Buddhist Tzu Chi Foundation is a global non-profit humanitarian organisation founded in 1966 by a Buddhist nun named Dharma Master Cheng Yen in Taiwan. Its missions of charity, medicine, education, humanistic culture and environmental protection has brought

relief to over 100 countries.

In 1993, Tzu Chi Singapore was established, with the organisation's work starting with the Mission of Charity and the goal of relieving poverty, before gradually expanding into the Missions of Medicine, Education, Humanistic Culture, and Environmental Protection over the years. The heart of Tzu Chi is embedded in its name: in Chinese, "tzu" means

compassion and "chi," relief.

Address:

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Tzu Chi Singapore 9 Elias Road Singapore 519937

For more information, please visit us at:

- Website <u>www.tzuchi.org.sg/en/</u>
- 官方网站 www.tzuchi.org.sg/
- Facebook <u>www.facebook.com/tzuchisg</u>
- Instagram instagram.com/tzuchisg/
- YouTube <u>youtube.com/user/tzuchisg/</u>
- Telegram <u>t.me/tzuchisg_en______</u>
- Telegram 频道 t.me/tzuchisg

Annex A

Virtual HYC:



Exhibitions:

Stay Home Quilt: Story Exhibition

- 30.11.2021 to 29.12.2021
- Free Admission, Power Station I and II @ Virtual HYC



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The Merlion Story

- 30.11.2021 to 25.12.2021
- Free Admission, Broad Way II @ HYC

"The Merlion Story" Sharing Session

- 9.12.2021
- © 7.30pm 9.30pm
- Free Admission, The Great Hall @ HYC

Workshops:

Kettle bell training: Old school training for new Generation by The Fitness Protocol

- III 11.12.2021 & 25.12.2021
- © 9.30am 11.00am
- The Fitness Protocol (Physical Class)
- \$20 per adult; \$10 per student (Student Pass Required)

The Fitness Protocol: Gym Access

- III 1.12.2021 to 29.12.2021 (Mondays, Wednesdays and Fridays)
- © 2.00pm 5.00pm
- P The Fitness Protocol
- \$\infty\$ \$3 per adult; \$2 per student (Student Pass Required)

PLAYnetarium: SDGeeks Game Show by Circular Asia

- 4.12.2021
- © 10.00am 11.30am
- Circular Asia (Physical Class)
- \$15 per pax (U.P \$30), Registration Only

Upcycling Workshop: T-Shirt Mask by Circular Asia

- 19.12.2021
- © 2.00pm 3.00pm
- Circular Asia (Physical Class)
- \$15 per pax (U.P \$30), Registration Only

Pilates Fun by Bhumi Lifestyle

- 16.12.2021
- © 6.00pm 7.00pm
- Virtual Bhumi Studio (Virtual Class)
- Free, Registrations required on MINDBODY app

Yoga for You, Yoga for Youth by Bhumi Lifestyle

- 25.12.2021
- 🕒 11.30am 12.30pm

• Free, Registrations required on MINDBODY app

Yoga Flow by Bhumi Lifestyle

- 26.12.2021
- (10.00am 11.00am
- Free, Registrations required on MINDBODY app

Animal Flow Basic by Bhumi Lifestyle

- 26.12.2021
- © 2.00pm 3.00pm
- Virtual Bhumi Studio (Virtual Class)
- Free, Registrations required on MINDBODY app

Promotions:

Real Food

- HYC 2nd Anniversary Special Pizza, Salad, Side & Drink
- Real Food

Slow Bakes

- HYC 2nd Anniversary Special Sourdough & Soft loaf
- Slow Bakes
- While Stocks Last! See less

Jing Si Books & Café

- 20% off all Beverages for Youth (Age 15 35)